

TechTown DENTISTRY

SMILE WITH CONFIDENCE

DR. TIM SELLNER • DR. DOUG JONES

What's New in Dentistry:

Advantage Arrest is a new product that has been approved for use in Canada. It has been used for many years in Asia and more recently approved for clinical use in North America to help stop the progression of an active cavity. The product is available for use in children over the age of 3 and adults. The product is made of silver diamine fluoride and helps to stop cavities from progressing. Clinical applications would include children waiting for specialty care, elderly people with difficulty managing their oral health and others. The downside of the product is that it can stain the cavity dark in colour. It's easy to apply and effective at halting the progression of decay in vulnerable patients.



A word from our resident nutritionist and dental hygienist

A well balanced diet is essential for optimal dental health. Without proper nutrients, your teeth and gums have an increased risk of decay and gum disease. One contributing source of dental issues is sugar. Did you know the average Canadian eats 40kg of sugar each year! With the busy summer season approaching,

here are some great tasting **snacks without the added sugar:**

- Fruit and raw vegetables
- Hard boiled eggs,
- Nuts, sunflower seeds, pumpkin seeds (homemade trail mix)
- Melba toast with almond butter
- Apple slices with nut butter



Good dietary choices are important for good overall health and good oral health.

Hayley Sellner, RDH, RHN
sellnernutrition@gmail.com



Dr. Doug Jones & Dr. Tim Sellner

Your world needs your
smile.

Did you know... You can now submit your Appointment Request online.

TECHTOWN DENTISTRY CORE VALUES
KINDNESS • EXTRA MILE SERVICE • INTEGRITY • QUALITY

Accepting New Patients
Call 519.746.7333

**The TechTown Dentistry
Dental Health Advantage**

We listen to what you want and together we develop an innovative plan and path to achieve your dental health goals.

Your plan is simple, balanced and focused and it fits into your lifestyle. Discover your opportunities to grow and protect your dental health confidence.

Our Patients Smile with Confidence.

**The TechTown Dentistry
Patient Charter of Rights**

We believe you have the Right to **know**. So we promise to tell you what we see. And you have the right to **choose** - what you feel is best for you and when and how to fit your choice into your lifestyle.

Dental Emergencies

In the event of a Dental Emergency outside of business hours, call our office for instructions on contacting the Dentist on call. **519-746-7333**


Insurance Plans Accepted

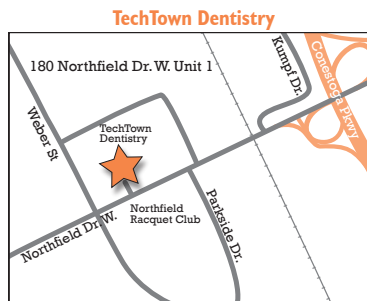
We electronically file your claims for faster processing. Ask us for more information.

Hours

Mondays 8am - 7pm
Tuesday to Thursday 8am - 5pm
Friday 8am - 2pm

Join us on Facebook

 Watch for new product updates & information on maintaining your dental health.



Team News:

Exciting news to share about the TechTown Dentistry Team!

Congratulations:



Dr. Sellner was the recipient of ODA's leadership award



Thank you for 10 years of support

Dr. Sellner and Dr. Jones, along with the TechTown Dentistry Team, would like to thank you for your continued support. This June will be our 10 year anniversary! We look forward to helping you and your families continue to achieve optimal oral health!

Alana and Josh welcome: Will



Caren and Jeff welcome: Ava

Casey and Steve welcome: Lachlan



Accepting New Patients & Referrals We welcome referrals of your friends and family.



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